



Moving Everest Charter School

April
2024

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheese Bosco Stick Marinara Sauce Steamed Broccoli Cherry Tomato Peaches, Diced Milk Choice	2 Beef Hot Dog on a Bun Roasted Corn Cherry Tomato Mixed Canned Fruit Milk Choice	3 Tacos Salsa Refried Beans Cherry Tomato Pineapple Tidbits Milk Choice	4 Pasta with Meat Sauce Whole Grain Dinner Roll Green Beans Cherry Tomato Applesauce Milk Choice	5 French Toast Sticks Sausage Patty Glazed Carrots Baby Carrots Diced Pears Milk Choice
8 Grilled Ham & Cheese Sandwich Golden Crinkle Cut French Fries Baby Carrots Peaches, Diced Banana Milk Choice	9 Crispy Chicken Sandwich Black Beans Baby Carrots Mixed Canned Fruit Banana Milk Choice	10 Crispy Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Baby Carrots Pineapple Tidbits Banana Milk Choice	11 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Roasted Broccoli Baby Carrots Applesauce Milk Choice 1% Unflavored Milk	12 Pizza Steamed Peas Baby Carrots Diced Pears Banana Milk Choice
15 Macaroni & Cheese Whole Grain Dinner Roll Steamed Peas Broccoli Florets Peaches, Diced Milk Choice	16 Nachos Salsa Refried Beans Broccoli Florets Banana Milk Choice	17 Cheeseburger on a Bun Tater Tots Steamed Carrots Broccoli Florets Pineapple Tidbits Milk Choice	18 Popcorn Chicken Bowl Bread Stick Broccoli Florets Applesauce Milk Choice	19 BBQ Chicken Legs Garlic Breadstick Steamed Green Beans Broccoli Florets Diced Pears Milk Choice
22 Cheese Bosco Stick Marinara Sauce Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Milk Choice	23 BBQ Rib Sandwich Potato Wedges Red/Orange Bell Pepper Mixed Canned Fruit Milk Choice	24 Orange Chicken Brown Rice Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Milk Choice	25 Corn Dog Baked Beans Red/Orange Bell Pepper Applesauce Milk Choice	26 Cheese Pizza Roasted Broccoli Red/Orange Bell Pepper Diced Pears Milk Choice
29 HOM - Chives Beef Hot Dog on a Bun Baked Beans Baby Carrots Banana Milk Choice	30 Chicken Spaghetti Whole Grain Dinner Roll Roasted Broccoli Baby Carrots Banana Milk Choice	1		

PRICES

EXTRA INFO

Entree salad bar daily
 Assorted Fruit (Fresh and Canned) available daily.

Milk (1% White, Fat-Free White, Fat-Free Chocolate) available daily.

HARVEST OF



THE MONTH

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Menus are subject to change without notice. This institution is an equal opportunity provider.